



NGEC I KOKOME A KWAKO  
MWOCCEM A TYE I YE

Dwong a mwoccem i ye pii guram 100  
Gupu ame mio 1890 kJ(452 kcal)

Purten  
Carbohydrates 72g  
Dietary fiber 3g  
Total fat 16g  
Saturated fatty acids 3g  
Trans fatty acids 0g  
Polyunsaturated fat acids 1g  
Monounsaturated fatty acids 1g  
Cholesterol 0mg  
Sodium 60mg  
Dwong a cukal ducu i ye

JAMI AME OYUBU KEDE  
PII, PEANUTS BUTTER, PEA NUTS,  
CORN SYRUP, HYDROGENATED  
VEGETABLE OIL,  
KADU, CUKAL, PIG COYA

Namma me gurup  
oyubu gi kede: BM0099  
Nino Oyubu i ye: 03 2020  
Nino ame balle i ye: 03 2024

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ATETENI  
A KWAKO  
MWOCCEM

ANYUT ME  
KAMPUNI

NYING CEM  
I YIE

BERERE  
100%

JAMI OYUBU KEDE

NAMMA ME  
GURUP OYUBU  
GI KEDÉ

GWOK KAN A NGINGIC OTWOO

400g

\* DUCU OYA I KOM JAMI  
OPITO APITA  
\* PE OMEDO CUKAL  
OTIO CUMAI YE

# COC OKETO I KOR KEBE CEM OYUBU

Papara a Niangngo Yot me  
Tello Jo a Tio i Cuma me  
Gin Acama Kede Gin Amata



Commonwealth  
Standards  
Network



Dul me Commonwealth Standards Network (CSN) karacel kede dul me Uganda National Bureau of Standards (UNBS) dwoko pwoc olobokino bot dule kede jo ducu ame oyele me coyo cik me aluba magi.

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Oyubu i cwak ame oya i UK Foreign, Commonwealth and Development Office (FCDO) kede British Standards Institution (BSI).

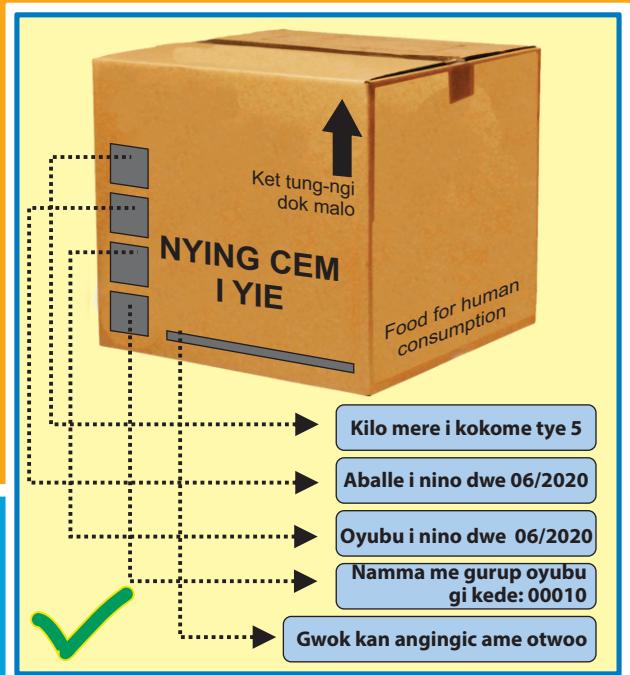
Dul me Commonwealth Standards Network (CSN) karacel kede dul me Uganda National Bureau of Standards (UNBS) otyeko lagoro cik akwako neno cilkom/yotkom ajam oyiko me amata kede acama karacel kede kite me keto alama ikom jami magi pi konyo nyayo ngec kede tic kede cik man konyo kampuni atitino kede en aditodito (SMEs) pi medo malo rwom kede cukajami a gin oyiko.

## COC OKETO I KOR KEBE CEM OYUBU

**Ngec ducu:** Coc oketo i kor kebe cem obed yore opore me kubere i yi akina oyubcem onyo ocatcem oyubu i Cuma kede owl onyo jo ame bino tic kede.

### Jami ame myero pe tim

1. Myero pe ket coc kan a pat kede kor kebe.
2. Coc myero bed ame kwanno pe tek.
3. Coc i kor kebe myero pe kanne oko, onyo/kede myero coccoro onyo calloro keken pe dang geng.
4. Cale kede ginnoror keken ogoo myero pe bed ame gengo coc i kor kebe oko kede dang coc myero pe bwol jo.
5. Myero dang coc i kor kebe bed i leb ame omoko ni myero ti kede pi kubere i yi akina lwak.
6. Coc i kor kebe myero pe gwaa nying cem i jum ento myero nyut a ber kodi cem onyo gin amata ango ame tye i yie.
7. Pe imed ngeccoro me yotkom ame pe omoko.



### Jami ame myero tim

1. Coo nying cem i kokome i kor kebe kun inyutu kodi cem ango-no ame oketo i yie; man myero bed kit ame omoko berere kede.
2. Coo kodi jami ango ame orubu kede cem onyo gin amata kun inyutu dang dwong acelacel. Cak coyo en oketo a dwong i malo ite dwogo kede ping a lubere kede nonok a jami magi i kare me yubbu cem-mo.
3. Coo dwong a cem ame tye i yi kebe a lubere i kita me opimo ote nwongngo kede.
4. Coo nying cem, ka yubbu, kede kite me kubere i jo ame yubu meddo naka

ime ajo ame wilo i wuk, jo a popoko, jo a teri i lobo a ooko kede jo oyubu i boccere.

5. Coo lobo ame oyubu i ye.
6. Coo namma me gurup oyubu gi i ye i yore i yore i kor kebe kun bedo ame omoko i paa i ye me nyuttu cuma oyubu kede dang coo ngec okene a kwako gurup ame oyubu gi kede.
7. Coo nino dwe oyubu i ye kede kare ame atero ame pwod pe oballe. (onyo coo ni tic kede a ber myero bed i kare a rom man onyo ni aballe i kare a rom man).
8. Coo kit ame myero gwok kede.
9. Coo kit ame myero tii kede wek otii kede i yore opore.
10. Jami ame omoko ni beco a kwako cem-mo onyo gin amata-no myero coo a cil ame nyutu tek a pire kede ame pe weye kede a kwanno yot.
11. Coo i Lebmunu onyo lebboro keken ame omoko ni ti kede pi lobo ame aommo.
12. Coo dang pekki ame romo kello ikom jo ame kodi cem-mo pe oye kom gi.
13. Ka kebe kore titidi a tek ateka, myero pe coo jami ame orubu i cem, namma me gurup ame oyubu gi i ye, anyut me nino dwe meddo i kite metic kede.