



TYPICAL NUTRITIONAL INFORMATION	
Nutrient Average quantity per 100 g.	Energy 1890 kJ (452 kcal)
Protein	72g
Carbohydrates	3g
Dietary fiber	16 g
Total fat	3g
Saturated fatty acids	0g
Trans fatty acids	1g
Polyunsaturated fat acids	0mg
Monounsaturated fatty acids	1g
Cholesterol	60mg
Sodium	60mg
Total sugars	6g

EBIRUNGO ERIKOZEEBEDDWA
OKUFINA EKYAMAGUZI
EKYKO KOZESEZZA
WATER, PEANUT BUTTER,
PEANUTS, CORN SYRUP,
HYDROGENATED
VEGETABLE OIL
SALT, SUGAR, SOY SAUCE

Omwendoo ogwoleka
ebiseera ebigere
ebyamaguzi
lwebyakolebwa.

Batch No. BM0899
Mfg Date: 03 2020
Exp Date: 03 2024

INGREDIENTS:
WATER, PEANUT BUTTER,
PEANUTS, CORN SYRUP,
HYDROGENATED VEGETABLE OIL,
SALT, SUGAR, SOY SAUCE

OBUBAKA OBUTUUFU OBWOLEKA EBIRIISA EBIRI MU KY'OKOZE

Nutrient Average quantity per 100 g
Energy 1890 kJ (452 kcal)

Protein	
Carbohydrates	72g
Dietary fiber	3g
Total fat	16 g
Saturated fatty acids	3g
Trans fatty acids	0g
Polyunsaturated fat acids	1g
Monounsaturated fatty acids	1g
Cholesterol	0mg
Sodium	60mg
Total sugars	6g



EBIRUNGO ERIKOZEEBEDDWA
OKUFINA EKYAMAGUZI
EKYKO KOZESEZZA
WATER, PEANUT BUTTER,
PEANUTS, CORN SYRUP,
HYDROGENATED
VEGETABLE OIL
SALT, SUGAR, SOY SAUCE

EBIRUNGO EBITUUFU
EBIRI MU KY'AMAGUZI
KYOFULUMIZZA

LOGO

ERINNYA
LY'EKIKOLEDDWA

100%
FRESH

* ALL NATURAL
* NO SUGAR ADDED

INGREDIENTS

BATCH NO.

STORE IN A COOL DRY PLACE

400g



Commonwealth
Standards
Network



OKULAMBA EBYOKULYA

Enkola Ennyangu
Eneegobererwa Ab'amakolero
G'eby'okunywa N' ebyokulya.



400g

100%
FRESH

* ALL NATURAL
* NO SUGAR ADDED



Commonwealth
Standards
Network



Ekitongole ekikwata ganya omutindo
gw'ebikolebwa mu mawanga agaaliko amatwale ga
Bungereza (Commonwealth Standards Network
(CSN) awamu nekitongole ekiroondoola omutindo
gw'ebikoleddwa n'ebiyingizibwa mu ggwanga
(Uganda National Bureau of Standards) (UNBS)
bitegesewo enkola ennyangu enneegobererwa ku
lw'okukuma obuyonjo mu makolero agafulumya
ebyokulya n'ebyokunywa; n'okulamba ebikoleddwa
okwongera okumanyisa ab'amakolero amatonotono
engeri y'okutumbulamu akatale k'eby'amaguzi
byabwe.

©Commonwealth Standards Network ©UNBS

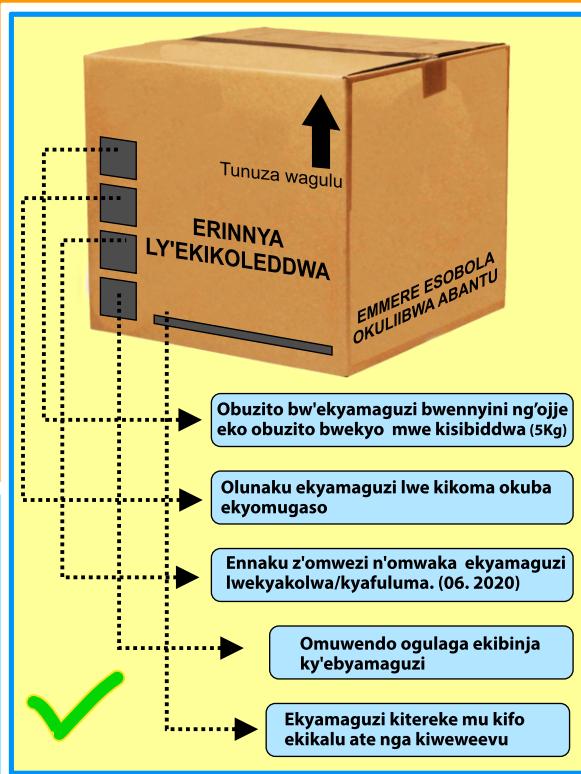
Biteekeddwa n'obuyambi okuva mu kitongole ekya
UK Department for International Development
(DFID) ne British Standards Institution (BSI).

ENGERI Y'OKULAMBAMU EBYOKULYA

Okutwalira awamu: Okulamba ebyokulya gwe mutindo gwe mpuliziganya wakati w'abakozi b'emmere oba abagitunda ku mukono ogumu awamu n'abo abagigula oba okugilya ku ludda olulala.

Ebitasaana kukola

1. Obupande tebuyawulwenga ku bipakkidwamu byakulya.
2. Obupande tebutekwa kuba buzibu kusoma.
3. Obupande tebulina kukwekebwba oba okutaataganyizibwa ebigambo oba ebifananyi ebirala byonna.
4. Ebifaananyi eby'engeri zonna tebiteekwa na birambiddwa ku bupande era tebiibenga bya bulimba.
5. Obupande /obubonero tebuwandiikibwenga mu lulimi lutali lutongole.
6. Erinnya ly'emmere eriwandiikkidwa ku kapande teribenga mu lunnessayansi.
7. Toteekako bubaka bwa birungo eri bulamu ebitakakasiddwa



Ebisaana okukola

1. Tegeeza amannya amatuufu agebirungo ku bupande ng'olaga ekika ky'emmere ekituufu. Kino kiyinza okuba nga bwe kyetaagisa ku mutindo gw'eb Yamagazi.
2. Menyaamenya ebantu ebiteekeddwa mu byakulya, n'obungi bwabyo obukozeseddwa okuva ku kisinga obungi (m/m) mu kaseera mwe bikoleddwa.
3. Tegeeza ekipimo ebituufu ebiri mu by'okulya ng'ogoberera "Tteeka erifuga ebyobuzito nebipimo (The Weights and Measures Act.)

4. Tegeeza amannya, endagiriro awamu ne'ssimu za kampuni enkozi y'eb yokulya n'abagisasanya /abagisiba /abagitusa nga bwe'kyetaagisa.
5. Tegeeza ensi gye'bisibuka/gye babikolera.
6. Laga ennamba y'ekibinja ku buli kisituliro kya mmere nga erambiddwa mu bwino atasanguka okulaga ekkorero awamu ne'namba y'ekitundu mwekoleddwa.
7. Tegeeza ennaku z'omwezi emmere lwekoleddwa awamu ne banga lwe suubirwa okwonooneka oba ennaku z'omwezi zetalina kusukka nga tennaba kulibwa.
8. Tegeeza endagiriro ezirina okugobererwa mu kutereka ebyokulya.
9. Tegeeza endagiriro z'okukozesa okukakasa nti bikozesebe mu ngeri entuufu.
10. Ebiwandiiko bikwatagana n'omutindo birambulukufu nga birabika mangu, nga si byangu bya kusiimuula, era nga byangu bya kusoma.
11. Kozesa Olungereza oba olulimu lwonna olulala olutongole olukozesebwa mu nsi esuubula eby'amagazi.
12. Tegeeza obulabe obuyinza okutuuka ku bantu abamu nga buva mu kukozesa emmere eyo.
13. Obukebe oba obubokisi obutono, obulina akafo akatono aw'okuwandiika awataweza butundu bwa sentimita sikweyadi (cm^2), biyinza obutawalirizi - bwa kwoleka lukalala lwa bikozese - ddwa, kibinja mwe byafulumira, n'ennaku z'omwezi n'ebiragiro ku nkozesza y'eb yokulya.