

TYPICAL NUTRITIONAL INFORMATION

Nutrient Average quantity per 100 g	
Energy	1890 kJ (452 kcal)
Protein	
Carbohydrates	72g
Dietary fiber	3g
Total fat	16 g
Saturated fatty acids	3g
Trans fatty acids	0g
Polyunsaturated fat acids	1g
Monounsaturated fatty acids	1g
Cholesterol	0mg
Sodium	60mg
Total sugars	6g

INGREDIENTS:
WATER, PEANUT BUTTER, PEANUTS, CORN SYRUP, HYDROGENATED VEGETABLE OIL, SALT, SUGAR, SOY SAUCE

**BATCH No. BM0899
Mfg Date: 03 2020
Exp Date: 03 2024**



UNBS Commonwealth Standards Network **UKaid**

Erionget loka UNBS ngesi isialamikit ka aiyalama ngul kere lu opotu ingarakisi kanu aitolomuun aicoreta nuitebebemitaai.

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Itolominitai kotoma agangat na elomunit ko UK aibunget naka Foreign, Commonwealth and Development Office (FCDO) nepepe ka British Standards Institution (BSI).

UNBS Commonwealth Standards Network **UKaid** from the British people

AJENUNETA

Aicoreta nu itebebenitai ikamanara kede acuuman nu itolomete inyamat ka imaten

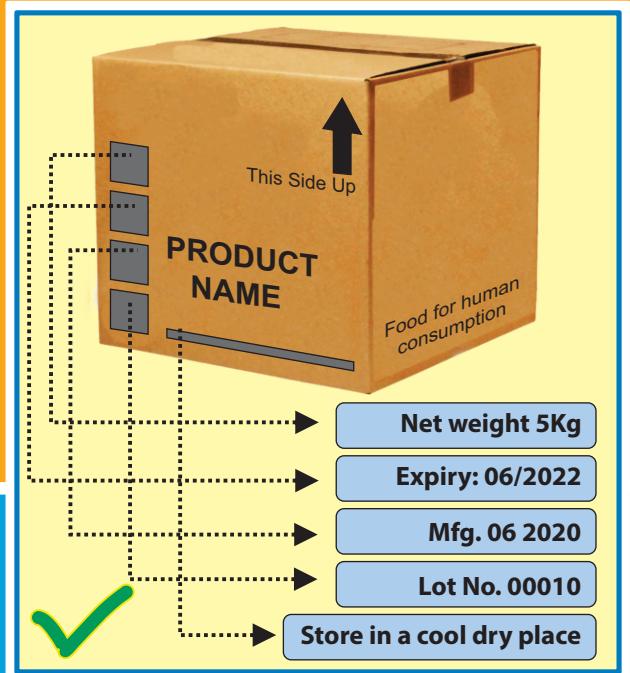
Erionget io akwapin kanu kolo epugat Ikuin-Commonwealth Standards Network (CSN) ipadicas kede Uganda National Bureau of Standards (UNBS), kesi etebebenata adoketa nu idaret aila otoma ocuuman lu itolomete inyamat ka imatan nepepe ka amacar awanyununeta koto ma acuuman ludidik ka lu epolok mot (SMEs) kanu atamitor aikeun adoketait keck a esokoni.

FOOD LABELLING

Nu ikamunitos kere: Amacar ajenuneta ngesi eipone lo ibecokina arucokinit eswaman ka agwelan lo inyamat kalu edunitai aicu.

Numan ibusakini

1. Mam ibusakinit ajenuneta awai ane ejai asaduku na ibwaikitai inyamat toma.
2. Ekoto ejenunet idelelei.
3. Ibusakinit ejenunet iderakina bon omam bobo aputosia acie nu eraparitos
4. Iputosia icie ka icie boro lu inomital, mam ekoto iteriboritos ejenunet lo emacarikitai kuju asaduku.
5. Siri iwadik ajenuneta kede angajep na mam erai na akwap angin.
6. Ekiror lo inyamat lo ejai asaduku mam ekoto orai lo imorimorit.
7. Siri isab ajokusio nu mam itetenaritai.



Nutupitono

1. Itejena kodoco ekiror lo inyamat kangul, ka ejese kec kwape ibusakinitor.
2. Itijena inyaleta kere lu ibwaikitai toma, ka alangir kec (m/m), osawa lo eswamaere inyamat ngul.
3. Itijena alangir na inyamat otupitete ekisil lo iswamaeta nat kwana lu ipimaete alangir.
4. Itijena ne eponitotor inyamat, eswamaunan, arai epatana ti lo itolosi, lo ebwainikini asadukun ka lo eyaunit.

5. Itejenu akwap na elomunitotor inyamat ngun.
6. Itodia kodoco kokuju na asadiku ejenunet lo itodunit ecumal lo iswamat, ka eibamu lo etiakunit inyamat ngun.
7. Itodu aparasia nu eswamaere kede apak na edauni ejokuna.
8. Itodu apak na eswamaere kede apak na edaunete ejokuka.
9. Itodu eipone lo itwasamaere tetere mam itwasamao oipone kalo mam ibecokina.
10. Aiwadikaeta nu todunito adoketait na inyamat, ibusakitit kocaete, osomasi ido komam iputaros.
11. Itosom amusugun arai bon nat angajep na akwap ana itenarete inyamat ngun.
12. Olimo ngun nu etapit itunga lu mam aijar kec ecamanara kede inyamat lu, apupun.
13. Inyamat lu ibwaikitai asadukun nu didik, orai alalau na 10cm², mam ibwainikino ajanuneta.