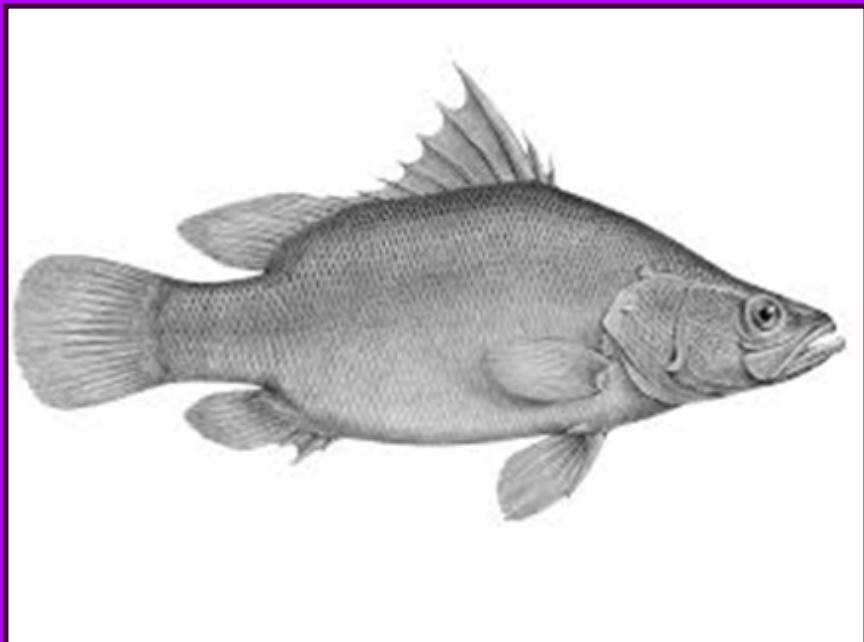


**CIK ME TIC PI GWOKERE KEDE MOKKO BER APOK
KEDE PUTA ME KULU NILE (RINGO REC OCELO
I JAMI MOGO OTE DOLLO, REC OWOTO JAMI
YIE OKO, OPOKO YAMO, WI GI)
AME JO A YUBU REC A NONOK PACUPACU
OMIO OTWOO I CENG I KADU I YE**



Ministry of Agriculture,
Animal Industry & Fisheries
Directorate of Fisheries Resources



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PACUPACU OMIO OTWOO I CENG I KADU I YE**

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1.0 YORE ME KETTO KADU I REC ME TWOO KEDE

1.1 Tic i pii obedo kadukadu ame orwak rec i ye

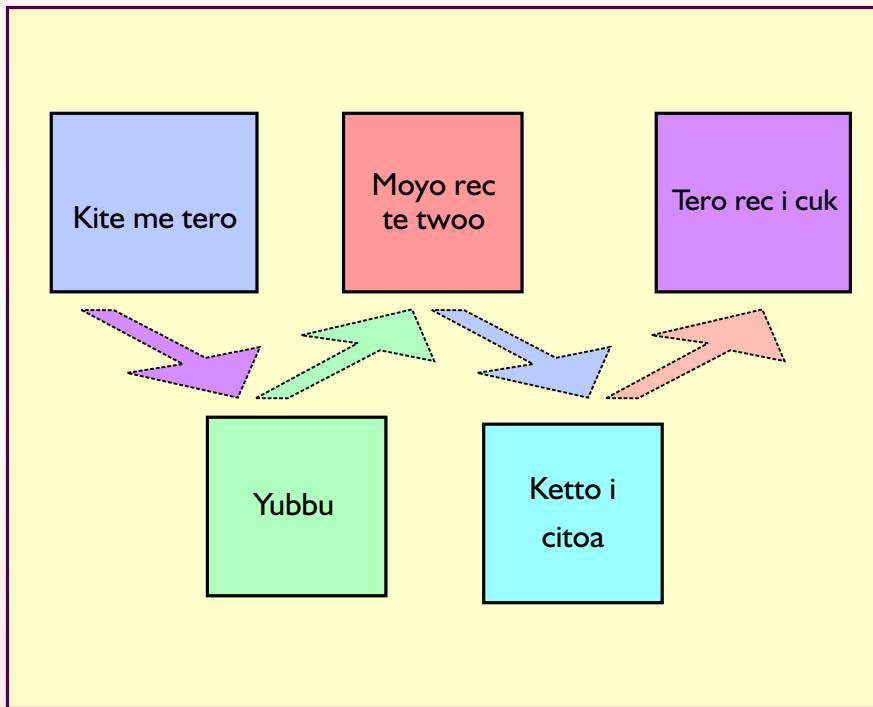
- a) Dwong a pii obedo kadukadu ame orwako rec i ye nwongo tye pacen 80-100 kun gurammere bedo 270-360 me kadu/litta me pii. Tic i pii obedo kadukadu i yore opore mito ni bed pimmo pii me keboro dwongngere kare i kare, tii keken kede kadu a ber, ite yubbu pii obedo kadukadu okene pi odur me rec acelacel ite waro yugi mogo ame okwang i wi pii oko.
- b) Rwak rec i yi pii ame oketo kadu i ye te bedo pi dakika a romo 20 pi rec ame tye centimitta abiro.
- c) Moo rec i ceng me twoo pi cawae a romo 16-18 ka iketo i tati ame ottingere malumalu.
- d) Oromo tollo rec a nonok i citejji kun jengere ikom miti owil.
- e) Can rec otwoo i yi cao obed pulactik wek pe twoo a tekateka i kare me ceng kede me gengngo balle mere onyo kuddi i donyo i ye.
- f) Kodi rec-co oromo ketto malu i bao oko pi dwete a romo abicel.
- g) Kuddi a kite tek dongo ikom kadu pe bedo tye ka rec otwo a ber onyo ka orwako a ber i yi piiame obedo kadukadu.

1.2 Twoyo rec kede kadu kun owiro kadu orego ikome

- a) Yore okene obedo baro yi rec ote yabbo wiro kadu orego i ye, oketo opwopworo kadu ikom rec. Man mio piipii ame jolle i yi rec cwiye oko.
- b) Rec ame omio otwoo i kadu romo bedo a yom kede a yelo. Kadu obedo calcium kede magnesium ka tye mio rec bedo a tar te bedo a kec ka ibilo.

- c) Kadu ame otio kede i kom rec myero bedo kede gin ame olwongo ni NaCl akadi ni ngo a romo pacent 95 eka te twoo odoco. Ka kadu a dongo en aye dong tye, jami a tatar i ye myero lwok oko kede pii a cil me kwanyyo jami a reco pien ka jami a tatar magi tye i ye mio kadu pe loo oyotoyot bala NACI.
- d) Ka amiyo rec atwoo kede kado i ye, omoko ni myero tii kede kadu a dongo orubere kede en a tino pien, akadi kono bed ni kadu a tino ber me miyo pii bedo a wawac pien en loo oyotoyot, ka oketo atir ikom rec, mio piipii i kom rec cwiye oyotoyot te miyo rec bedo a tek i kang kede dang gengo donyo a kadu i yi rec, man olwongo ni 'Kado Obalo'.

2.0 KITE ME MIYO APOK KEDE PUTA ME NILE OTWOO IKADU BEDO A BER



3.0 JAMI ME TIC AME NWONGERE I KA YUBBU REC KEDE CUMA ME YUBBU REC ME ATERA OOKO

3.1 Yore ame pe opere me tic

- a) Gammo rec oballe me tic.
- b) Tero rec kede jami ame pe opore.
- c) Col a jami ame agammo rec ote ketto i ye.
- d) Col kom bala bongo a col, lwet olot a col.
- e) Yore ame pe opore me makko rec bala bollo recwor, nyonno rec.



3.2 Yore opore me tic

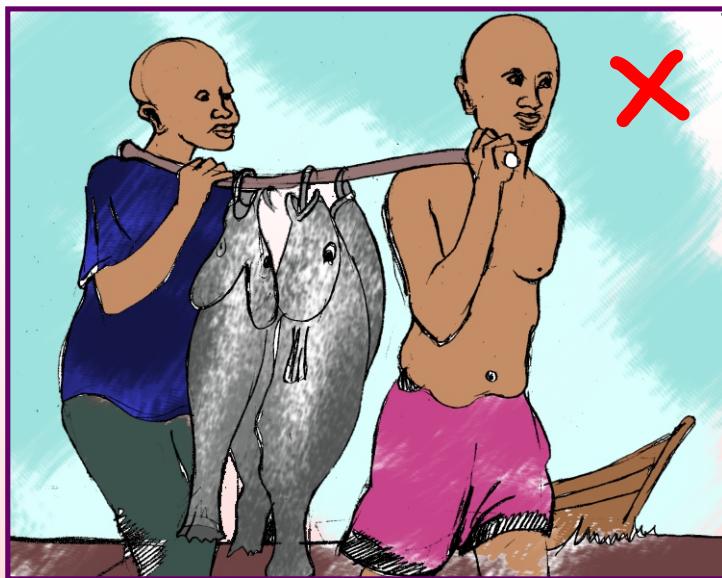
- a) Oyubrec myero nen ni pe owilo gini rece onyo jami oballe me kom rece pien aballo ber a jami ame oyubu ayaa ikom rece oko.
- b) Jami ame oyaa ikom rec ame ogamo i cuma me moyo te two i kadu myero ket i gi makko a cil tekki ogamo.
- c) Nen ni otero rec i yi gin makko ogwoko a ber kede dang a cil
- d) Nen ni jo ame a makko rec kom gi cil.
- e) Nen ni pe omako rec i yore ame romo ballo oko bala ngullo lao ataa, nyonno jami okwanyo ikom rec, bollo rec ping ikwor kede mogo okene.



4.0 REC ME AYUBA AME ODIRO ME YUBBU REC OGAMO ATIR YA I WANGKWANG

4.1 Yore ame pe opere me tic

- a) Bollo kede yiddo rec ping ka yede otunu i wangkwang.
- b) Miyo rec lille kede pii a col me dog nam.
- c) Mol a pii a col onyo mol a pii okene a reco ame rubere kede pii oballe.
- d) Makko rec i yore a reco meddo kede col kom otic.
- e) Leyi kede winnyi a bebea ame romo ballo pii i dog nam.
- f) Yugi ame pe ogwoko a ber ame romo ballo rec oko.
- g) Miyo ceng goyo rec.
- h) Gammo rec ame oballe okelo i wangkwang.



4.2 Yore opore me tic

- a) I wangkwang, rec me ayuba myero pe bol piny ento myero gam ote ketto i yi gi makko a cil.
- b) Myero gwok rec a ber ka otye akwanynyo i yi yede pi gengngo me wek pe gud pi me dog nam.
- c) Myero gam rece ame tye a beco keken.
- d) Otic myero ruk jami me tic a beco bala bongo oruku kun wumu kor gi, roccing, kede gambut me tic ked gi i makko rec.
- e) Nen ni kom otic tye a cil kede mak rece i yore opore .
- f) Nen ni yugi onyo jami mogo ame tye ojobo i yore opore ote ketto kan opore.
- g) Ryem leyi kede winynyi oko i kan ame otye a yubbu rece i ye i wangkwang kede i kaka me yubbu rec pacopaco.
- h) Ket gi gengngo ceng i tunu ikom rec.



5.0 KITE ME TER

5.1 Yore ame pe opere me tic

- a) Tic kede jami onyo otoka a col onyo me tero rec.
- b) Tero ringo rec kede jami okene me Cuma kun oketo oketo i yoonge otoka.
- c) Pe miyo kan a rec abedo i ye bedo a ngic naka tunu i cuk.
- d) Ketto rece i yi otoka acel karacel kede jami mogo a pe opore bala moo, opira otoka, makar onyo cem.
- e) Canduk me tero ame pe mio pii ton iye aber.



5.2 Yore opore me tic

- a) Ka twere rece ame omako nyen me ayuba myero ket cutucutu i pii okakere pee kede pee ni myero gwok naka i cawa me tero kede yubbu rec(twoyo kede kado).
- b) Ka ketto rec i pii omako pee tek, rec me ayuba myero ter kun owumu i yi gi makko a cil onyo otok pikap apiny tye angic ka twere.
- c) Owot myero pe bed i kom rec onyo i jami okwanyo ikom rec ame oketo inge pikap/otoka.
- d) Rec onyo cogo mere myero myero wum kede tapilin pi gengngo apua.
- e) Pe iter rec kede jami mogo ame romo wanno, ballo onyo toppo jami okwanyo ikom rec oko.
- f) Nen ni gin ame amakko kede rec omio yie otwo a ber.



6.0 YUBBU (LWOKKO, KWANYNYO JAMI YI REC KEDE DOLLO)

6.1 Yore ame pe opere me tic

- a) Col a kan ame ayubbu i ye rec.
- b) Makko rec i yore ame pe opore kede bollo jami yie oballe ataa meddo i makko acelo abongo pige i yore a rac.
- c) Col kom otic.
- d) Col a kan ame oyubu rec i ye.
- e) Nwoyo tic i pii ame kong olwoko i rec con.
- f) Oonyryo pii oballe olwoko i rec i yore ame pe opore
- g) Yubbu rec i yore ame pe opore.
- h) Tic kan a col ame pe opore me tic.
- i) Wekko jo, leyi kede winynyti ducu donyo ataa i ka yubbu kede moyo rec.
- j) Otic ame kom gi pe yot(a tye i wang bur kede twoe akobo)
- k) Col a kan ame orumu ka yubbu onyo twoyo rec.
- l) Makko rec i yore a rac.
- m) Ka yubbu kede twoyo rec ame pe ogengo apua, kuddi, leyi awoto a woto a taa, pii kot, coto kede jami mogo a reco i tunu i ye.



6.2 Yore opore me tic

- a) Tii keken kede rec a dyaka a kome yot me kwanynyo gin a ber i ye.
- b) Cwer ite pokko yie kun itongo wie oko ame pwod pe i poko yie. Wek wie ite kwanynyo ka tye amitte.
- c) Kwany jami ducu a pat keken ka kede yibe me agikkiagikki kan ame cogo nge gik i ye.
- d) Wek kom rec a ber ite kwanynyo jami me yie bala imany kede ler mogo ame yaa i cwake oko.
- e) Cwer pok rec wang ame otunu i ringo kome ento pe i cwer ringo kome.
- f) Lwok, bid i pii ame kadukadu i ye tye pacen 10 pi dakika 30
- g) Mii piipii i kom rec cwiye oko ame pwod pe imio otwoo.
- h) Otic myero ruk jami me tic bala (gi dog/wum), bongo boyo kor, gambut, bongo boyo wic, kede roc cing.
- i) Ka moyo kede yubbu rec myero yik kede jami bala nyonyo, nyonyo a mimila a pwot ame nyalli pe mako onyo waya cingenye ame tye malumalu yaa i ping.
- j) Meja onyo pem me tic myero bed ame mio pii mol agonya ka pii oyaa i ka twoyo kede yubbu rec.

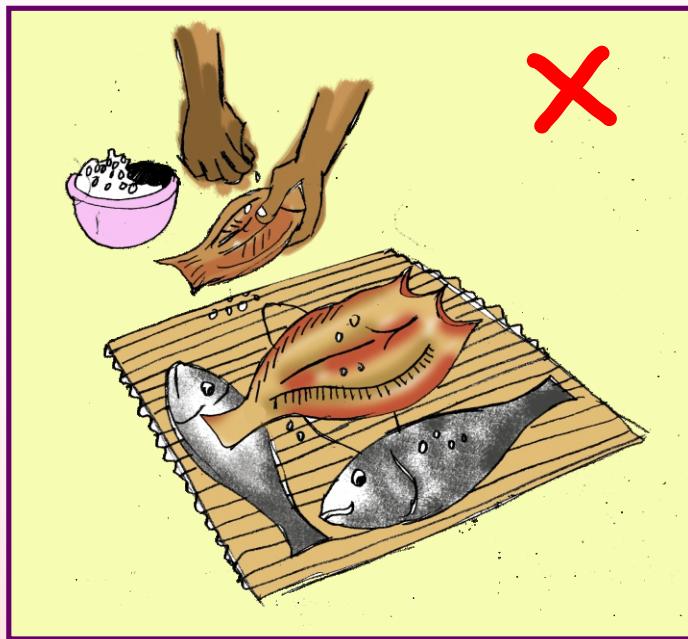


- k) Otic myero bed ame kom gi cil eka jo ame tye i two a kobo myero pe yezi gi makko rec kede jami me kom rec.
- l) Geng jo, leyi kede winynyi i donyo ataa i ka yubbu onyo twoyo rec.
- m) Keboro yotkom jo a mako rec kare in kare.
- n) Yub rec kan ame ogwoko a ber pi gengngó jami ducu ame romo ballo.

7.0 MIYO REC TWOO KEDE KADU

7.1 Yore ame pe opere me tic

- a) Tic kede kado ame pe ber.
- b) Col a jami me tic kede jami me makko rec.
- c) Col kom otic.
- d) Pe lwokko rec a cil ka pwod pe oketo kadu i ye.
- e) Gwokko i yore a rac kadu oyabo wie ame odong iyoonge tic kede.
- f) Nwoyo tic i kadu kede tic kede i yore a rac.



7.2 Yore opore me tic

- a) Kadu me aketa i kom rec myero ter ote gwokko kan otwoo a cil ote pungngu oko i kebe, citoa onyo i gin obedo pulactik pulactik.
- b) Me miyo rec ame aketto kadu i ye pe balle, myero pe nwoo tic i kadu oyabo wie oko.
- c) Myero nge ber a kadu ame aketto i yi rec wek rec ame oyubu kede bed en a ber.
- d) Kadu a tino okio en aye opore me aoonya i rec a dit wek twoo a ber.
- e) Ka gin a tatar ame purupuru (calcium) dwong a tek ateka i kadu, mio kadu pe donyo i kom rec a ber i cawa okene te miyo rec balle oko.
- f) Caji me dit a nyig kadu ame atic kede myero nen i diro(rubbu kado a dongo kede en a tino romo bedo a ber me miyo rec me ayuba bedo a ber.
- g) Tic kede kadu a tino a tek ateka romo miyo kadu pong kan okene i kom rec a dwong adwonga ame pe opore ka kadu myero bed rorom ikom rec.



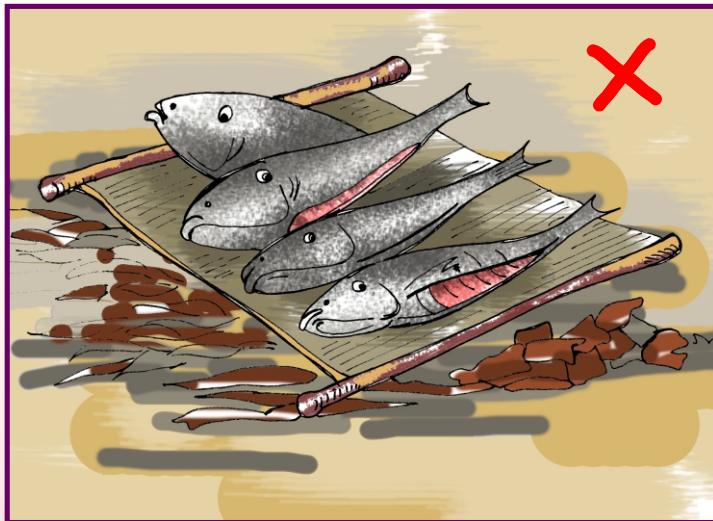
- h) Tic i kadu a dongo a tek ateka romo ballo ringo rec oko eka te ballo berere dang oko.
- i) Kadu a titino myero oony pi moyo rec a dongo eka kadu a nyige dong myero ti kede i kom rec a titino.
- j) Rec ame otwoo i kadu myero yek ote ketto kede epone mere a lubere kede kodi rec ango-no, dittere, kede berere kit ame beco gi oneno kede i cuke otero me catto i ye.
- k) Ka kadu a purupuru odong i kom rec, myero wee oko ame pwod pe oketo rece papat eka ote meddo kadu okene ame pwod pe ocano rec; jami magi ducu myero tim oyotoyot pi dwokko ping cipid balle a rec.
- l) Rub kadu a dongo kede en a tino me twoyo rec kun en a dongo myero ket a dwong loo en a tino oko.
- m) Rec a ber me twoyo kede kadu obedo en a tino kun oketo kadu ikome ducu. Rec a dongo ame oyango ringo mere olutu a titino dang ber me miyo twooo i kadu. Rec a dit myero pe pwor kadu i kome ducu awangacel, ento myero pok yie oko; ote kwany jami me yie ote ketto kadu i yie wek rom a ber.
- n) Tii kede kadu kilo acel pi kilo adek adek me rec a dit ame opoko yie.
- o) I ketto kadu, jo a yubu rec myero pwor kadu moro a rerep i wi pen kan ame otye atic i ye, eka ote pworo i ringo acelacel ongolo ikom rec-co ote ketto ringo-no acelacel i wi pem kun tung ame ongolo butu i wi pem. Tekki ringo ongolo me acel opworo kadu oko i ye oromo, ket kom ringo me aryo i wi ringo me acel anen-ca kun ipyelo yoonge dok tung ping eka ringo me tung yie myero nen malu.
- p) Loloko kom ringo rec oyango oketo kado i ye ite miyo del kom ringo tung-ngi butu i kom del kom awottere ite ngongolo kan ame oyango kun imedde i yiddo gi karacel.
- q) Ringo rec tutung a dellere tye i ye ame obedo ringo ame aketto me agikki myero lok nen malu kun nwongo opworo kado owumu oko. Wum wi ringo ame icano oko.
- r) Wek rec bed naka diki eka ite canno kun imedo kadu oromo, man konyo me kwanynyo pii odong i ye oko.

- s) Pi rec ame amitto ni kadu rom, can te bedo karacel pi cawae 24, pi rec a kadu myero bed a nok i ye, can te bedo pi cawae 6-12 keken.
- t) Rece a dongo myero okek yi gi oko ame pwod pe oketo kadu i ye, man mio kan ame kadu myero dony i ye bedo a lac kun mio kom rec pe bedo inong a tek ateka ame mio donyo a kadu bedo a tek.
- u) Kare i kare, nen ni rec kede ka yubbu tye a cil ame pwod pe iketo kadu i ye.
- v) Otic myero ruk jami ame mio gi tio i kom rec a ber.

8.0 MOYO REC TE TWOO

8.1 Yore ame pe opere me tic

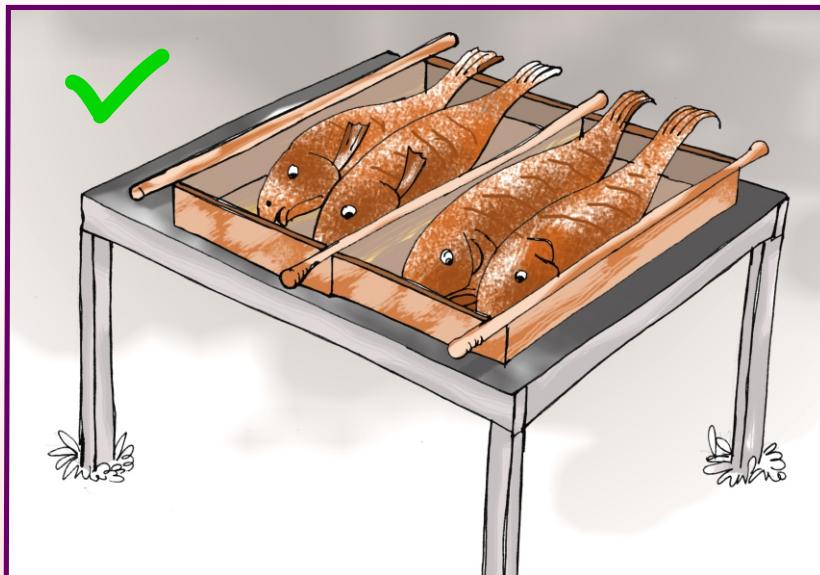
- a) Moyo rec ping ikwor.
- b) Miyo rec two malumalu.
- c) Ka mol a pii ame pe ber onyo ame pe tye atwal.
- d) Bed abongo pem me moyo rec kede miyo rec two ping ikwor.
- e) Tic kede jami a col bala tapulin me moyo rec onyo i cawa.
okene moyo rec ping ikwor.
- f) Moyo rec kan ame romo miyo apua, yito otoka, cet, kede alele
kot meddo i mogo okene ballo oko.



8.2 Yore opore me tic

Yore opore me miyo rec twoo a ber kun itio i ceng;

- a) Mii rec bed malu i wi ginnoro a romo mitta acel man mio yamo beo i te rec te miyo rec twoo i malu kede i tere ducu.
- b) Rec ame oketo i wi pem pe maro lille i yi apua onyo kwoyo kede dang leyi pe maro ballo.
- c) Rec ame omoo i wi pem gengngo kot i ye yot pien iromo wummu oko kede kabera. Rec ommo ping romo gengere i kom kot ento pe alele kot ame obedo cotocoto i ping.
- d) Pem ame oculle ping a nok mio pii odong i kom rec mol oko, aporere obedo pii ame tye i cwak rec onyo kan onoc i kom rec ame romo ballo rec oko onyo miyo rec tero kare me twoo.



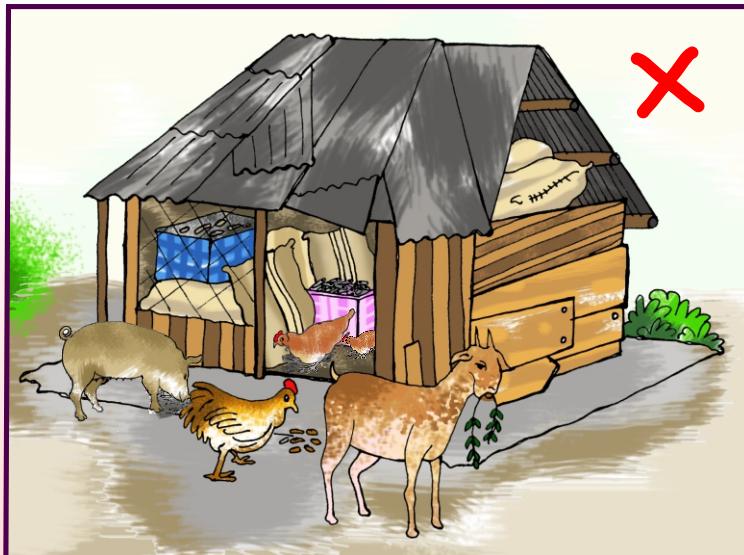
- e) Pem myero ger a bobor i bung onyo wudi a boco ame romo gengngo yamo i tunu i kom rec oko.
- f) Pir tek me kwanyyo rec i pem iwor onyo i kom kot ka ngico omedde. Ka oyido rec naka odikko ote wummu i kabera, wayo pii mere bino dok oko cen, kede oromo ketto ooko i nino okene me medde i twoo.

- g) Ka oyido rec ame odiye iwor kun oketo gin a pek i wi en ocano, mio pii mol oko i ye te miyo twoo oyotoyot.
- h) Mii pii cwiye i rec ite moyo twoo, ka piny tye a ber, mii twoo i tipu pe i kom ceng a tir.
- i) Wek but i wi peru i wor me acel, iyoonge, kwany rec oko ite canno kannoro kun idio gi pi iwor acel wang otwoo a ber, myero i dii pi cawae a lalac tekki tye atunu i nino me agikki me twoo mere.
- j) Medde i loloko kede diyo wang ame pekkere pe orweny omedde, ket i citoa ite tweyo oko bel i bel.
- k) Rec myero pe moo ping ikwor ataa pien otino Iwangngi a bedo i yi lobo balo oko oyotoyot i beo i bedo cammo.
- l) Rec myero twoo a ber me gengngo ngwece i duny a rac te Iwongngo Iwangngi.
- m) Lwangngi coron nywalo tong gi i kom rec a dyaka kede ka pwod omako rec pe orii ame ocako moyo me two. Ka dong rec tye awot i twoo, ngwece wot i rweny te Iwongngo Iwangngi a nonok.
- n) Miyo rec twoo a ber kede oyotoyot ame tong Iwangngi pwod pe obeko mio rec pe balle oyotoyot. Ka rec otwoo a ber gengngo Iwangngi kede kammadenge i ballo.
- o) Rwakko rec i pii obedo kadukadu onyo pworo kadu i ye kare i kare ryemo Iwangngi coron ame romo ballo oko.
- p) Me miyo Iwangngi pe ballo rec, myero kir te pem kede yat ame pe ballo ber a cem. Yat man myero pe gud kom rec kede myero bed yat ame omoko ni ber akadi kir a ceggi i cem pe ballo.
- q) Dano opwonyo kede onyutte tic i yat man a ber en aye myero kir kede myero ti kede keken ka tic i yore okene bala kadu onyo diro oyubu me miyo rec twoo a ber kede ketto i citoa i yore a ber pe otio atwalli. Yat ame tye a ber a pe kelo peko i kwo a dano ame oromo tic kede me gengngo Iwangngi kede kammadenge i ballo rec. Jo oyubu yat man myero mok nok a yat man ame ka otio kede pe kelo bal i kom dano.

9.0 KETTO I CITOA

9.1 Yore ame pe opere me tic

- a) Tic kede citoa ame tye twolo i wong abongo ginnoro keken i dirija mere, abongo kupulu kede jami mogo okene amitte pi citoa.
- b) Miyo ka yamo bedo a nok onyo a pe atwal i yi citoa.
- c) Tic kede citoa a col.
- d) Ketto yat onyo jami okene a pe opore pi yotkom dano i citao i karacel kede rec.
- e) Ketto rec ping i dye citoa.
- f) Ketto rec i citoa ame oyoo, kuddi bala nyenynye dong tye i ye onyo kan ame jami magi romo ballo.
- g) Ketto citoa kan ame jami romo ballo bala i nget coron, bur yugi onyo kan ame alele mol i ye.



9.2 Yore opore me tic

- a) Gwokko rec oketo kadu i ye/otwoo a ber i citoa gengo pii i donyo i kom rec kede pe mio balle.
- b) Myero gwok citoa bed a murumuru, otwoo, kede a yamo tye i ye oromo.
- c) Gedo ame citoa tye i ye myero geng kuddi, winynyi kede oyoo i donyo i ye oko.
- d) Geng kammdenge ame nen a titino apuapua i kom rec i kare ame oketo rec i citoa. Ka ping ngingic onyo ka pe omio rec otwoo a tek; wum wi rec ame oketo i citoa oko kun ibedo rotto kare i kare ite dang catto rec oko oyotoyt.
- e) Pi rec ame oketo kadu i ye a dwong ginnoro a remarema bedo i kom rec i kare ame oketo i citao. Me gengngo gin-ni, mi rec twoo a tek ite miyo bedo otwoo dang myero itii keken kede kadu a ber me twoyo rec.
- f) Me lwangngi pe yello, myero ket rec i yi gin ame owumu wie oko i kare me tero i cuk kede ketto i citoa.
- g) Pe imii apua kede yito mogo ame ayaa i yi otoka angwec duny i ye pien balo rec otwoo oko.



- h) Pe imii rec otwoo gud kwoyo i ping i kwor; can rec otwoo i wi pem ame tye malu pe a ceggi i ping.
- i) Ti kede jami bala pawaka ame mako onyo neko leyi kede mogo okene.
- j) Nen ni inwongo citoa kan a ber ame jami bala leyi, apua kede mogo okene ame balo rec pe i ye.
- k) Nen ni kan ame ot gwokko rec tye i ye tye a ber kede dang jo ame pe omio twero pe myero ye yi gi donyop i ye.

10.0 CANNO

10.1 Yore ame pe opere me tic

- a) Tic kede gi makko rec kede makko i yore ame pe tye a ber.
- b) Cannō rec kun imio diye a tek ateka.
- c) Col a gi makko rec.
- d) Col kom jo ame a canno rec i gi makko.
- e) Cannō rec ame pe otwoo a ber.



10.2 Yore opore me tic

- a) Rec myero can i cao onyo i bokci ame ka yamo tye i ye oromo wek yamo dony i ye oromo.
- b) Rec ame dwodwong myero myero can i ginnoro a didit kede gwokere i ketto rece a polapola in yi cao a titidi.
- c) Jo ame acanno rec myero nenni kom gi cil kede rec myero can kan ame oyubu a cil a ber.



11.0 TERO REC I CUK

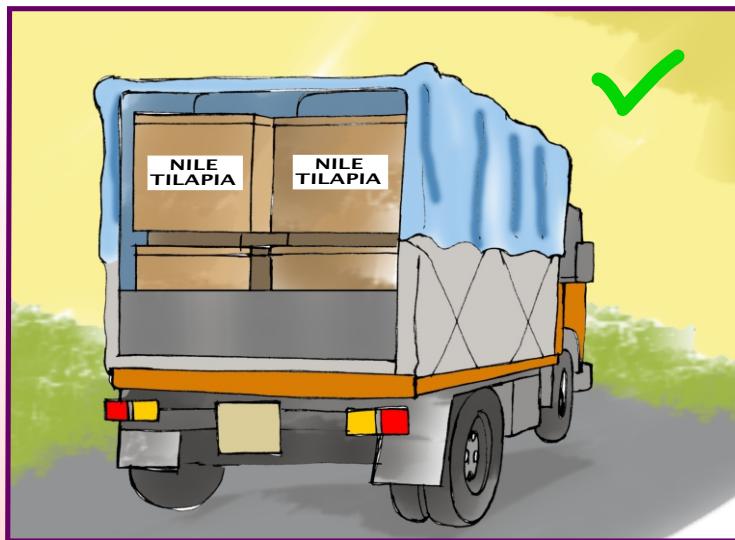
11.1 Yore ame pe opere me tic

- a) Yore me tero rec i cuk ame mio apua, yitu otoka kede kot onyo ngico yelo rec.
- b) Yito, bedo, nyonno, butu kede timmo jami mogo ame pe opore i wi rec ocano.
- c) Tero rece a dwong a tek ateka kede otoka a titidi kun oyido ote dillo cao rece pong i bic i yi otoka.
- d) Tic i gi wot ame ngweco momot te miyo rec balle ame pwod pe otunu i cuk.
- e) Tic i yoo a rac ame apua kede coto dwong i ye kede dang donyo oko i rec ame otye a tero.
- f) Otoka a col ame pe olwoko kun otero i rec.
- g) Col kom jo ame gudu rec i kare me tero.
- h) Tero rec kede jami mogo me a cata kun odilo gi i yi otoka aceli.
- i) Tero rec kede otokki otii ame oyubu malumalu ame ngulu yitu i tuuu kede balle i cawa moro keken te miyo rec rii i yoo.



11.2 Yore opore me tic

- a) Nen ni cil kom ogwoko a ber kede cil otoka dang tye a ber.
- b) Wum wi rec i yi cao kede gin obedo pulactik onyo tapulin ame kot pe kato i yie me gengngo apua onyo kot i kare me tero.
- c) Ka twere, tii kede otoka ame wie wumu rec oko a ber.
- d) Pe iket rec i yi otoka acel ame atero kede jami mogatata me acata a pat i rec. Ka pe dong gengere, nen ni jami mogatata me acata a pat i rec, owumu oko a ber me gengngo gin i ballo rec ony rec i ballo gi.
- e) Pe iting jo onyo jami me kom gi i yi otoka acel-li yoo obedo apua kede coto tye i ye. ame rec dang tye i ye ni.
- f) Otokki otii onyo pikap ame ngulu yito pe myero tii kede me tero rec, onyo ka atic ked gi myero yub a ber.
- g) Ka yoo okene me aluba tye, pe iter rec kun ibeo i





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